



Doctor Visit Question Guide for Caregivers

Doctor appointments can feel rushed. This guide helps caregivers ask the most important questions so you leave the visit with clarity and confidence.

Questions About Symptoms

- Are these symptoms expected for this condition?
- Are the symptoms improving, worsening, or stable?
- What symptoms should we watch closely at home?
- When should we call the doctor?
- When should we go to the emergency room?

Questions About Treatment

- Are the current medications working as expected?
- Are there side effects we should watch for?
- Are lifestyle changes recommended?
- What should we expect over the next few months?

Questions About Support

- Could palliative care help manage symptoms?
- Are there community or home care services available?
- How can we improve quality of life at home?